

# SHAREABLES & SMALL PLATES

<b>PRETZEL BITES</b> garlic butter, sea salt w/ bacon beer cheese dip	·12½
<b>SOUP DUMPLINGS</b> pork dumplings, chili oil, scallions, pickled carrot & crispy garlic	·10¾
<b>BANG BANG SHRIMP</b> tempura battered, sriracha aioli & unagi	·17¾
<b>KOREAN FRIED CHICKEN</b> lightly battered chicken & cauliflower, spiced gochujang glaze, sesame seeds, green onions	·14
<b>CRAB CAKES</b> herbed garlic dill sauce & cucumber salsa	·19½
<b>CALAMARI</b> jalapeno, onion, bell peppers w/ roasted red pepper aioli	·13¾
<b>SPINACH &amp; ARTICHOKE DIP</b> warm tortilla chips, salsa & sour cream on the side	·12¾
<b>CHICKEN WINGS</b> buffalo, hot, salt & pepper, bbq, teriyaki, gochujang, ranch or bleu cheese on the side	·13¾
<b>SPICY TUNA TARTARE</b> sashimi grade tuna, sesame chili oil, togarashi, scallions, crispy rice w/ sriracha mayo	·14¾
<b>DRAGON BOAT LETTUCE WRAPS</b> chicken, veggies, crunchy noodles, hoisin peanut sauce & cashews	·15
<b>BAJA BRUSSELS SPROUTS</b> red pepper, bacon, parmesan, chilis w/ lime crema & cilantro	·11¾
<b>JALAPENO MAC &amp; CHEESE</b> creamy cheese sauce, toasted parmesan panko w/ garlic bread. add cajun chicken <b>5¼</b> bacon <b>2¼</b>	·11¼
<b>MARGHERITA FLATBREAD</b> tomato, mozza, cream cheese & fresh basil. add chicken or shrimp <b>5¼</b>	·13
<b>SPANAKO FLATBREAD</b> tomato, roasted red pepper, spinach, red onion, goat cheese, mozza, oregano, balsamic glaze. add chicken or shrimp <b>5¼</b>	·14

# STEAKS & MAINS

*all our steaks are premium grade Certified Angus Beef®  
all steaks are served with mashed potatoes & seasonal vegetables*

<b>THE SIRLOIN</b> 6oz / 9oz lightly seasoned & cooked to your preference	·22 / 28½
<b>THE EMPIRE STATE</b> 10oz new york strip, perfectly marbled & seared for maximum flavour w/ sautéed garlic mushrooms	·34
<b>THE HAWAIIAN STRIPOIN</b> 10oz new york striploin in a pineapple-soy-ginger marinade topped w/ sesame butter	·32
ADD TO YOUR STEAK shrimp <b>5¼</b> sautéed onions or mushrooms <b>1¾</b>	
<b>PISTACHIO CRUSTED SALMON</b> mashed potato, seasonal veg & drizzled maple butter	·28½
<b>TRUFFLE &amp; SHRIMP RIGATONI</b> crispy prosciutto, mushrooms, peas, parmesan w/ black truffle cream sauce	·24½
<b>LONG BEACH FISH TACOS</b> chili & lime spiced mahi mahi, avocado, crisp slaw, pico de gallo, garlic aioli. w/ fries	·15½
<b>CHICKEN ENCHILADAS</b> chicken, black beans, corn, red onions, house enchilada sauce, cheeses, w/ lettuce, jalapenos, cilantro, lime crema, pico de gallo	·17
<b>FRIED CHICKEN TENDERS</b> buttermilk marinated, hand breaded, fries & plum sauce	·15¾
<b>FISH &amp; CHIPS</b> beer battered haddock, tartar sauce, fries	·17½

# SOUPS & SALADS

*add a grilled chicken breast or shrimp skewer to your salad . . . . . +5¼*

<b>MARKET SOUP</b> ask us about today's offering	·7½
<b>FRENCH ONION SOUP</b> garlic croutons, provolone cheese	·9½
<b>PACIFIC RIM NOODLE BOWL</b> chicken, shrimp, rice noodles, veg, spiced broth, chili garlic oil	·17¾
<b>WEST COAST CHOP SALAD</b> cranberries, cucumber, almonds, avocado, baked chickpeas, goat cheese, honey-dijon vinaigrette	·14¾
<b>GRILLED CHICKEN CAESAR</b> house made croutons, chopped bacon, shaved parmesan & a fresh lemon wedge	·15¾
<b>THE COBB SALAD</b> chicken, bacon, shredded cheddar, egg, cucumber, tomato, avocado, balsamic bleu cheese vinaigrette	·17¾
<b>SPICY THAI SALAD</b> lemongrass chicken, mango, carrots, avocado, toasted coconut, peanuts, noodles, basil, mint, cilantro, citrus chili vinaigrette	·17½
<b>GRILLED STEAK SALAD</b> Certified Angus Beef® sirloin, romaine, tomato, bleu cheese, grilled mushrooms, red onion, buttermilk bleu cheese dressing	·22½

# BOWLS

<b>THE BURRITO</b> chicken, black beans, corn, onion, cheese, lettuce, rice, cilantro, pico de gallo, lime, chipotle sauce & guacamole	·16½
<b>SPICY TUNA POKE</b> sesame brown rice, cabbage, pickled cucumber, avocado, green onion, ahi tuna	·16½
<b>TERIYAKI RICE</b> chicken, veggies, cashews, sesame brown rice & teriyaki sauce	·17
<b>BUTTER CHICKEN</b> curried tomato cream sauce, cashew butter, spiced yogurt, cilantro & naan, over basmati rice	·16½
<b>THE GARDEN</b> 100% plant based w/ asparagus, kale, quinoa, avocado, cauliflower, radish & rice w/ carrot & ginger puree. add chicken, shrimp or soy chicken <b>5¼</b>	·16½

# BURGERS & SANDWICHES

*our beef is naturally raised, humanely harvested & 100% canadian. pure with no filler.  
our chicken is free run, grain fed & raised without added hormones.*

*served with fries, or substitute the side dish of your choice (additional charges may apply).*

<b>THE MAIN</b> two patties, american cheese, lettuce, tomato, onion, pickle, burger sauce	·16¾
<b>THE GRILLED CHEESE BURGER</b> american, swiss & provolone, bacon, lettuce, tomato, onion, butter grilled french bread	·19
<b>BISON BURGER</b> brioche bun, bacon ketchup, lettuce, tomato, red onion, pickle, cheddar	·18¾
<b>GRILLED CHICKEN CLUB</b> lettuce, tomato, mayo, avocado, peppered bacon, cheddar	·17½
<b>THE VEGGIE</b> two black bean patties, american cheese, lettuce, tomato, onion, pickle, burger sauce	·15¾
<b>FRENCH DIP</b> shaved Certified Angus Beef®, mushrooms, onions, horseradish mayo & melted swiss. served au jus	·17½
<b>STEAK SANDWICH</b> 6oz Certified Angus Beef® top sirloin, garlic bread. add shrimp <b>5¼</b> sautéed onions or mushrooms <b>1¾</b>	·22
<b>CALIFORNIA CHICKEN WRAP</b> chicken, peppered bacon, aged cheddar, avocado, tomato, shredded lettuce, mayo, red wine vinaigrette	·17¾

# SIDES

- MIXED GREEN SALAD
- CAESAR SALAD
- STATE SLAW
- FRIES W/ DILL DIP

- SESAME BROWN RICE
- MASHED POTATOES
- JALAPENO CHEDDAR CORNBREAD. . . . .1
- CUP OF SOUP . . . . .2¾

- SEASONAL VEG . . . . .2¼
- SWEET POTATO FRIES . . . . .2½
- POUTINE . . . . .2¾



We take pride in preparing our food from scratch every day. Some items will have limited availability. We are concerned for your well being, so please alert us if you have any allergies as not all ingredients are listed! We are obliged to tell you that consuming raw or undercooked meat, seafood, or eggs may increase your risk of foodborne illness. Please enjoy your time with us, and let us know if there is anything we can do to further enhance your visit!